



IMPORTANT DATES 2017

April

Friday 21 st April	Year 5 Camp Deposit Due
Tuesday 25th April	ANZAC Day Public Holiday – School will be closed
Wednesday 26 th April	Year 4 Final Camp Payment Due
Friday 28 th April	Bryan Jeffrey Parent Session – Cranbourne East Secondary College Theatre 6:00pm-8:00pm
Friday 28 th April	First Day for Dollarmite Banking
Friday 28 th April	Year 3 Swimming Payment Due

May

Monday 1 st – Friday 5 th May	Year 2 Swimming Program
Friday 5 th May	Year 4 ONLY Mother's Day Stall

FROM THE PRINCIPAL'S DESK

Hi Everyone

In writing our first newsletter following the holidays, I extend a very warm welcome to our students and families and especially to new students and families, as we return to school for the commencement of another exciting term packed with new learning experiences. This term will see many visits and performances, camps, swimming programs, sporting events, the NAPLAN for students in Year 3 and Year 5, the Attitudes to School Survey for students in Years 4 -6 along with many engaging lessons in learning spaces focusing on Literacy, Numeracy and Inquiry Based Learning tasks. We will also present the Annual Report to the school community on the progress the school has made against the Annual Implementation Plan in the last 12 months. Parents will be informed in detail of these and many other events in the newsletter. In addition much of our information is shared on the school website and through links and alerts on Compass.

Next Tuesday I will be accompanying our school captains at the ANZAC Day service in Clydesdale Square, main street Cranbourne to lay a wreath on behalf of our school community. The service commences at 10:30am and we invite families to come along to attend the service.

Please note Monday is a normal school day and all students are expected to attend school – one day of school missed is one day of lost learning.

You will notice following the holidays a new pathway and gates have been established at the front of the school on Bowyer Avenue. This access and exit will ease some of the congestion experienced during school dismissal times. Parents are again reminded in the interests of student safety, the school car park is strictly out of bounds to parents and students including parents parking in this location. In conjunction with Cranbourne East Secondary College access to disabled parking spaces at the Theatre car park will be limited to parents with access passes. Further information will be released shortly.

Attached to this newsletter is information inviting and encouraging parents to attend the second parent session with Bryan Jeffrey focusing on Mental Wellness for Children. This highly informative session is specifically focusing on how parents can support their children and is to be held on Friday 28th April commencing 6:00pm in the Theatre (you don't need to have attended session 1).

Please read with your child on a daily basis!

Kind regards Garry & Staff

From the Welfare Officer

Emotions and self-concept

Children's emotions are not just a response to things that happen. They are influenced by what children think, especially by what they think about themselves and their abilities. Children often need support from parents and carers to manage their feelings effectively, particularly when they are young.

Showing that you understand and accept children's feelings is very important for supporting their emotional development. When children feel understood it is easier for them to learn to think through their feelings and work out effective ways to handle them.

Everyone has feelings. It takes time to learn how to manage them effectively.

Learning to think through emotional reactions helps children find better ways of managing them.

How parents and carers can help

Parents and carers can support children's emotional development by tuning into feelings, helping children understand feelings, and encouraging them to work out ways to manage feelings effectively. The following suggestions may be helpful.

- Tune into children's feelings and try to understand things from their point of view.
- This allows you to help them identify their feelings and the ways that feelings work.
- Show that you accept and respect children's feelings accepting feeling is necessary before working out a way to manage them.
- Remember that it's not always easy for children to know what is bothering them, and they may not always want to talk about it.
- Show children how to manage your own feelings effectively. If you act calmly it will help to reassure children they can manage even difficult feelings.
- Acknowledge children's efforts to manage feelings. This helps them see their progress and motivates them to use the helpful strategies they are developing in other situations.

Something to try:

- Observe your child and take note of the situations that seem to trigger a particular emotional response.
- Think about how your child might be feeling given his/her age and stage of development.
- Talk and listen to your child about how he/she is feeling. Acknowledge both your child's feelings and his/her efforts to cope.
- Talk about helpful ways of managing feelings and encourage your child to try out different options.

Kathy Jones
Primary Welfare Officer

Mathletics News

In the last three weeks a total of 435 bronze Mathletics certificates were achieved and 68 silver certificates. Congratulations to the following students for earning gold certificates:

Year 1 – Rita, Ronit, Gurhar, Seerat, Booshani

Year 2 – Anjali, Yajnes, Ronal

Year 3 – Saanjh, Cooper, Joseph

Year 4 – Ashlin, James, George

Year 5 – Risheek, Sonia

Year 6 – Disari, Rosemaria, Jashnoor

Don't forget to log into Mathletics at home:

www.mathletics.com

House Points

This week:

Ruffy	1380
Hudson	1543
Lyall	1791
Donnelly	2083

Year Total:

Ruffy	6350
Hudson	6843
Lyall	7653
Donnelly	7094

From the Office

SMS REMINDERS

An SMS Excursion/Camp reminder will only be sent to families when payments are due. Parents will not receive SMS reminders for the due dates of activity permission slips that do not require payment. It is important that parents ensure permission slips are returned by the due date to avoid disappointment.

FIRST SCHOOL BANKING DAY IS FRIDAY 28TH APRIL



SCHOOL LUNCHES



Parents are asked not to send glass containers or glass drink bottles with their children. They are heavy and could smash if dropped on the ground. Sending plastic containers and drink bottles are the best and safest option.



Shining Star Awards for 20th – 24th March 2017



Year	Shining Star	Award	Year	Shining Star	Award
Prep	Emmanuel R	For creating a fantastic Easter hat with his Year 6 buddy.	Year 3	Thomas S	For being a kind and polite member of our Learning Space!
	Harrison C	For doing fantastic work with his Year 6 buddy.		Tyler W	For putting in a fantastic effort in all areas of his learning.
	Karanbir J	For trying hard in letter and sound focus time.		Fahim N	For showing great use of skip counting when solving 2 and 5 times tables.
	Baaj C	For being such a positive member of Foundation 2 and supporting his friends.	Year 4	Miley T	For being a responsible and well organised student. Well Done!
	Janavi B	For asking an interesting question at the Beauty and The Beast Alpha Show.		Asher M	For the fantastic effort he has made with his homework!
	Aleena A	For always showing respect to her friends and trying hard in all her tasks.		Jaye C	For starting off Term 2 on a great note! Keep up the hard work Jaye.
	Pearleen G	For making new friends and getting along well with others.		Bimali B	For consistently working hard and helping others when needed.
Jivin B	For doing great work with his buddy.	Emma W	For making a fantastic start to Term 2.		
Year 1	Garifalia V	For always making an effort with all of her learning.	Year 5	Jemuel A	For making a fantastic start to Term 2.
	Cassidy B	For having a great attitude and helping others. Keep it up!		Layla B	For working hard and focusing on addition this week in Maths.
	Mahika K	For always trying her hardest and having a go. Well done Mahika!	Daniel O	For trying hard in Maths this week.	
	Rooke B	For a fantastic effort with your narrative writing about an alien.	Oscar A	For doing a wonderful job when recording his 'Tracks of Thinking' during CAFÉ.	
	Zane Q	For working together as a team to create an Easter hat during buddies.	Peter M	For his excellent reading with expression to the class during library.	
	Stella T	For being the first student in 1HT to achieve 50 nights of reading. What a fantastic effort!	Alyssa C	For using great reasons and examples when writing her persuasive piece. Fantastic effort!	
	Minaal M	For working so hard on your writing.	Lachlan G	For showing enthusiasm in all areas of his learning, and being a wonderful helper to teachers and peers.	
	Kendal F	For fantastic work with rhyming words.	Janakan S	For working hard at solving problems using angles. Well done Janakan!	
	Eden T	For an amazing effort in identifying the consonant blends in speaking and listening.	Taylor D	For a great start to her persuasive piece about the best superpower. Well done Taylor!	
	Year 2	Anjali A	For excellent expression while reading in front of the class.	Year 6	Junior P
Brock F		For always being a helpful classmate.	Jai D-B		For the great effort he put into his learning last week.
Melissa M		For excellent effort in your work and behaviour! Keep up the great work.	Brodie L		For a fantastic effort with his persuasive writing this week!
Lily E		For always being a good friend to her buddies! Well done Lily.	Hailie W	For having a great start and making friends as a new member of 6AF.	
Lucas K		For always being a helpful and hardworking student.	Flourish A	For always striving to improve your skills in all areas of the curriculum. Keep persevering!	
Inuka N		For doing a great job at creating 3D shapes to add into his shape city.	Leo T	For being a welcoming, friendly and kind class member. Keep it up Leo!	
Hargun K		For trying her best and having a go when completing her Maths tests.	Johar A	For consistently showing our 5Rs and being so helpful and supportive to your class mates. A fantastic effort!	
Charlotte S		For her great effort when reading and looking for words that describe characters.	Felix S	For supporting his partner during their news report presentation on The Gold Rush. Great work, Felix!	
Year 3	Freya S	For confidently performing a role play with your peers about behaviour in the yard at our Year 2 Assembly.	William R	For showing patience and kindness when working with your buddy.	
	Bailey W	For a wonderful start to Term 2!	Joseph R	For a great attitude towards helping others.	
	Jai D	For his creative and fantastic effort with his Easter Hat Parade hat!	Kathir J S	For positively contributing to classroom discussions during Cafe reading	
	Keira N	For great enthusiasm towards her learning.			



Shining Star Awards for 20th – 24th March 2017



Year	Shining Star	Award	Year	Shining Star	Award
Performing Arts Mr Beach	Isabella C 4H	Well done for your great singing and rhythm dictation in Performing Arts this week. Great work!	Mrs Simmonds	Anish Teja Y 1G	For being a real gentleman and opening the door.
Performing Arts Ms Purvis	Gunbir L 3W	Well done for your excellent attitude and effort in ALL Performing Arts lessons this term.	Mrs Price	Samuel A 4B	For completing not 1, but 3 posters on Respectful Relationships!
PE Mr Carey	Luka H 3Z	For great teamwork during Phys Ed.	Mrs Warren	Ryan T 5A	For a fantastic effort in Maths
PE Mr Shaw	Jordan T 6X	For putting in an excellent effort during our skills test in Phys Ed. Keep up the great work!	Mrs Wickramasinghe	Brooklyn M 6A	For showing kindness and friendship to everyone.
PE Miss Edwards	Saangh J 3W	For taking initiative and demonstrating leadership when creating a gymnastics routine.	Ms Naismith	Sandy L 4P	For working hard at improving your reading accuracy.
ICT Mr Ross	Nate D Prep K	For helping others and being a supportive member of our class.	Ms Hudson	Emmanuel R Prep J	For settling in well for Term 2. Well done!
ICT Mrs Wahid	Roop S 2V	For always displaying resilience during ICT when completing challenging tasks.	Mrs Rento	Kevin J 2Z	For being a polite and friendly classmate.
Visual Arts Ms Lloyd	Brigham W 5S	For his outstanding behaviour and fantastic attitude in every Art lesson.	Ms Charalambous	Fritz P 3B	For his awesome reading!
Visual Arts Ms Pither	Jaeli B 4B	For drawing and creating a Balinese inspired shadow puppet with great attention to detail.	Mrs Little	Jacob L 1S	For great creativity with your Easter hat.
Science Ms Singleton	Antonee B 5C	For being able to focus clear and sharp views of fungus with the digital microscope.	Mrs Hill	Jashua C 1L	For being focused and engaged during our word building sessions.
Science Ms Pitt	Amy S Prep B	For always working respectfully with her classmates.	Ms Harris	Charlie D 5L	For being a very helpful student. Keep up the good work!
Literacy Support Mrs Dunmall	Teisha S 1H	For the fantastic effort she has been putting into her reading and practising her M100 word lists.	Ms Silva	Shona P 1B	For being a kind friend to others.
Literacy Support Mrs Healy	Zaylen C 3W	For improved enthusiasm in his reading and practising his 'sight words'. Keep up the good effort!	Ms Beck	Charlotte P 1H	For her excellent work on her consonant blends in oral language.
EAL	Imran K 2Z	For thinking about what missing words would make sense in a close activity and working hard at completing this task. Keep up the fantastic effort!	Ms Ablitt	Ronal R 2KVD	For exceptional work on reaching his 'teal' level spelling words.
MUNCH MONITORS – ONLINE ORDERING To place a lunch order for your child, the 2017 home group must be updated before you can proceed. For further instructions, refer to our Website or call Munch Monitors on 1300 796 190.			Ms Whitehead	Bimali B 4D	For demonstrating respect and kindness towards others.
			Ms Roberts	Dhruvi P 4P	For always demonstrating excellent manners in class.
			Mrs Bhasin	Neeharika S 3S	For always being polite and showing respect to everyone.
			Miss Karunathilake	Parvana P D Prep G	For the fantastic effort put into learning prepositions. Well done Parvana!
			Ms Heald	Tamim H 2HW	For a great recount about the disco. Great job!
			Ms Burgess	Asiya J 5S	For a great cooking session for our WOW Day!

CRANBOURNE EAST PRIMARY SCHOOL

PARENT SESSION— MR BRYAN JEFFREY

“MENTAL WELLNESS FOR CHILDREN”

The Parent Session will cover topics such as:

- ◇ How the brain works (an introduction).
- ◇ How to support your child's mental health.
- ◇ Why children present with Anxiety.
- ◇ How can we help our children to manage?

FEATURING: Mr Bryan Jeffrey

Bryan Jeffrey is a Registered Psychiatric Nurse, with 20 years of clinical experience in a range of senior positions in Child & Adolescent Mental Health Services (CAMHS) in Scotland, and latterly in Melbourne, Australia.

Throughout his career, Bryan saw gaps in mental health literacy, in people who were hungry for knowledge, and decided to focus the attention of MOAT: Mental Health Services on meeting these needs.

Ranging from delivering engaging keynote addresses at national conferences, to providing workshops for small groups of staff and carers - Bryan's passion is in mental health training.

This session is a highly informative life skills presentation which follows on from Bryans excellent presentation in 2016

RSVP: Please complete and return this slip to your child's teacher by Wednesday 26th April 2017

Name: _____



WHEN
April 28th, 2017
6pm - 8pm

WHERE
Cranbourne East
Secondary
College Theatre

RSVP
Booking (by
reply slip) is
essential due to
the popularity of
our guest
speaker.

