



IMPORTANT DATES 2016

September

Thursday 1 st September	Year 2C, 2W, 2L, 2A Sleepover Father's Day Games Afternoon – 2.30-3:00pm (students dismissed at 3:15pm)
Friday 2 nd September	Father's Day Stall
Monday 5 th – Friday 9 th September	Year 6 Woorabinda Camp – Group 2
Monday 5 th September	Book Week Dress up Day Billy Slater Rugby Permission Form Due
Wednesday 7 th September	Division Athletics Payment Due Year 4 Taskworks Payment Due
Thursday 8 th September	Billy Slater Shield Rugby Competition Marine Ambassador Excursion Year 4 Swimming Payment Due
Friday 9 th September	Literacy and Numeracy Open Morning 9.30 AM – 10.30 AM Last day for School Banking
Monday 12 th September	Shopping Tour Final Payment Due
Tuesday 13 th September	Year 5 Camp Deposit Payment Due
Wednesday 14 th September	Division Athletics
Friday 16 th September	Footy Day Dress Up Canteen Footy Day Lunch Last Day of Term 3 normal 3:15 PM dismissal

FROM THE PRINCIPAL'S DESK

Hi everyone,

Well we are fast approaching the end of Term 3 and as usual, the school is a hub of activity!

Throughout the year, our Year 6 students have been participating in dance lessons, which culminated in a Dance Concert for parents last Friday. All the students thoroughly enjoyed themselves and relished the opportunity to showcase their learning and show off some great new dance moves! To all the families who attended the concert and to Les, the dance instructor, we extend a big thank you. All the students should be congratulated on a top effort!

This week and next week sees our Year 6 students on camp down at Woorabinda. Reports so far are that staff and students are having a wonderful time and we look forward to hearing all about it upon their return.

We are excited to announce that last week we had two Buddy Benches installed in the school grounds. These benches provide a place for students to go when they might be feeling lonely, are looking for a friend to play with or simply somewhere they can sit and strike up a conversation with someone new. The Buddy Benches have proved very popular with the students so far and it's fantastic to see the positive relationship building this is already promoting. Our School Captains, along with some of our junior students have filmed a launch segment on this week's online assembly that parents can view through our school website for more information.

Our Year 2 students are participating in their School Sleepover this week, with one group staying last night and the second group sleeping over tonight. Many fun activities are planned including watching a movie and a light supper before bedtime. This activity is a great step towards preparing the students for attending Camp next year. The Sleepover is well supported by parents that have volunteered to assist with breakfast and lunch duty and could not go ahead without the dedication of the Year 2 teachers that have given up their own time, to sleep over at school for two consecutive nights to, provide this valuable experience for our students.

Today we celebrated Father's Day with a Games Afternoon. It was wonderful to see so many dads in attendance and the enjoyment had by all involved. Don't forget the Father's Day Stall being held tomorrow. We would like to wish all our Dads a very happy Father's Day for this weekend.

Kind regards,
Michelle Wrigley
Assistant Principal

From the Welfare Officer

Eating Healthy and Staying Healthy

Primary school years are busy ones and children need good nutrition to help them concentrate at school and to fuel their day to day activities. Children need nutritious foods to grow and develop properly.

An eating pattern that includes a variety of food groups will provide children with the range of nutrients and fuel they need. This means:

- Eating plenty of vegetables, legumes and fruits.
- Eating plenty of cereals (preferably wholegrain), including bread, rice, pasta, and noodles.
- Including lean meat, fish, poultry and/or alternatives.
- Including milk, yogurt, and cheese (reduced fat varieties are not suitable for children under 2 years).

While the occasional "extra" food such as lollies, chips and take away are okay, if eaten too often they may result in poor intake of nourishing foods and an increased risk of becoming overweight and tooth decay.

To be their best children also need to be well hydrated. Encourage children to drink water and limit soft drinks, cordials and fruit juices. As an alternative a glass of milk is a nutritious drink that will supply them with calcium their growing bones need. Fizzy drinks or soft drinks and juice are recommended as a treat and should not be consumed as a regular drink. Fizzy drinks do not rehydrate children. They can cause weight gain, tooth decay, type 2 diabetes, heart disease and some cancers.

Here are some ideas to include in your child's daily diet.

- Grilled cheese on toast
- Yogurt and muesli mix
- Pita bread/sandwich with cheese, salad and avocado
- Fruit and vegetable sticks with dips
- Plenty of water

We do not encourage fast foods such as McDonalds being bought to the school for lunch. Please consider more nutritious food which will provide your child with energy for their daily activities.

Cranbourne East Primary School supports a nut free environment:

We ask families to provide students with foods that do not contain nuts, or with traces of nuts, or warnings. Also we ask that no food is to be brought into the school to celebrate birthdays or other events. If you would like to celebrate your child's birthday with other students, we suggest you provide stickers, pencils etc or non-food items to mark the occasion.

Reference from Nutrition Australia,
www.nutritionaustralia.org

Kathy Jones

Primary Welfare Officer

Mathletics News

In the last two weeks a total of 310 bronze Mathletics certificates were achieved and 51 silver certificates. Congratulations to the following students for earning gold certificates:

Prep – Chloe
Year 1 – Joe
Year 2 – Tristan, Leanne, Manasseh
Year 3 – Dinith, Makayla
Year 4 – Hemish
Year 5 – Jessica
Year 6 – Emil

Don't forget to log into Mathletics at home:

www.mathletics.com

House Points

This week:

Ruffy 171
Hudson 939
Lyll 220
Donnelly 1,301

Year Total:

Ruffy 18,370
Hudson 21,698
Lyll 18,135
Donnelly 20,025

Cranbourne East Primary Children's Book Week Parade Monday the 5th of September



To celebrate the beginning of Literacy and Numeracy Week and to encourage the love of reading, all students are invited to dress up as a book character on this day. There will be a year level book parade held throughout the day in the gymnasium.

Please see the times below.

Time	Year Level
9-10am	Prep and Year 6
10-11am	Year 4 and Year 5
11:30-12:30pm	Year 1 and Year 2
12:30-1:30pm	Year 3

Parents are most welcome to attend
(feel free to come dressed as your favourite
book character).





Shining Star Awards for 29th August – 2nd September 2016



Year	Shining Star	Award	Year	Shining Star	Award
Prep	Annabelle J	For her great book response on The Day the Crayons Quit.	Year 3	Emma W	For her excellent work during Maths and creating a symmetrical frog.
	Shakila N	For showing great determination to improve her sound knowledge.		Josh I	For creating a fantastic Funky Fractions Creature using your knowledge of fractions.
	Ruby G	For her love of reading and for constantly working hard to improve her reading skills.		Summer P	For her keen interest shown during learning about symmetry, especially whilst taking photos of objects around the school with her iPad.
	Eden T	For great use of reading strategies.	Rialize G	For her amazing string poem.	
	Seerat K	For making a fantastic start at CEPS!	Trinity L	For her fantastic text to world connection.	
	Manu D	For being creative in DL and using team work to achieve his goal of making a jet.	Rohith S	For putting in a great effort to produce 5-star work!	
	Jafar A	For being such a helpful classmate in ICT.	Year 4	Divleen K	For following the 5 R's.
	Kristina N	For showing great confidence in the classroom and joining in class discussions.		Sharnie S	For showing resilience while she has been injured over the past few weeks.
	Addisyn W	For always doing a great job in ICT each week!		Kouth T	Asking enthusiastic questions during our Olympic Inquiry.
Shelana H	For her positive attitude towards school.	Jasmyn B		A fantastic effort with cake fractions.	
Year 1	Tamim H	For a fabulous effort working on his reading and writing.	Lucas S	For his enthusiasm and cheerfulness towards all activities!	
	Dhruva S	For fantastic reading with expression.	Gabriella S	For a super effort during our 50m sprint.	
	Rukshika C	For fantastic reading with expression when exploring talking marks in guided reading this week.	Daniella S	For her fantastic effort and creativity with her narrative writing.	
	Milarny G	For learning her magic words.	Jon B	For his enthusiasm and expression demonstrated in his reader's theatre presentation.	
	Lucy W	For her wonderful work on compound words this week.	Year 5	Lochlan G	For his fantastic effort writing for the whole time during his Big Write. Great effort!
	Agam S	For working well in a group this week.		Lachie B	For working hard when planning a trip to the zoo. Well done Lachie!
	Adonai H	For sounding out and experimenting with capital letters, full stops and question marks while writing a letter this week.		Sehath A	For finding all the continents and oceans on the world map during our Geography session. Fantastic effort Sehath!
	Cooper F	For showing great enthusiasm when writing letters this week. Well done!		Sadul W	For always showing outstanding results in his behaviour and work. Well done Sadul!
Year 2	Nandha A	For your fantastic effort with your multiplication Toy Shop project. Well done with the strategies you used on the think boards too!	Adithya P	For achieving above All Star on our behaviour ladder for always exceeding expectations in his behaviour and attitude to his work.	
	Tea D	For a super effort with her home reading. Keep up the fantastic reading Tea!	Shahraa F	For working well in her group finding all the continents and oceans on the world map.	
	Merzat U	For working extremely hard to achieve his writing goal.	Amaya S	For brainstorming a creative way to present her Authentic Action.	
	Indy M	For her thoughtful sharing during Art, talking about how different colours make her feel.	Jessica B	For showing great focus when completing conversion and working out the duration of time. Great job Jess!	
	Joel P	For being an enthusiastic member of our Learning Space who always approaches learning tasks with a positive attitude. Keep it up!	Year 6	Nyadiew P	For her exceptional basketball skills during the Hoop Time competition and for taking on all the boys! Great work, Nyadiew!
	Andrew S	For writing a fantastic story about a toy that comes alive!		Rattan S	For his well-presented Maths work about sugary foods consumed in 6BE.
	Alannah F	For running a great workshop for her peers to attend.		Sohail J	For playing well and helping out his teachers during Hoop Time.
Holly B	For having a go when she was not sure.	Tegan E		For her fantastic participation during Hoop Time.	
Year 3	Preston L	For always being a positive and helpful member in our learning space.	Brianna B	For her fantastic participation and assistance during Year 6 Hoop Time	
	Izel G	For working well with her partner during her Inquiry project.	Cedric I	For great leadership and sportsmanship during our Melbourne Storm rugby clinic!	
	Liana H	For making an effort to improve her editing skills.	Fatima M	For her 5-star effort with her Maths Sugar project.	



Shining Star Awards for 29th August – 2nd September 2016



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Performing Arts Mr Beach	Hemish S and Ethan H 4B	Awesome work with your interview technique in Performing Arts. Your questions and expression of voice was excellent.	Mrs Simmonds	Seth T 3G	For joining in well with outside games.
Performing Arts Ms Trimby	Dhinuki R Prep B	Well done for always having a positive attitude and doing her best in Performing Arts.	Mrs Price	Samuel A 3H	For working hard on his symmetry pictures.
PE Mr Carey	Luke O 3M	For showing good improvement in his overarm throws.	Mrs Warren	Emily E 4B	For always treating people with respect.
PE Mr Shaw	Liam D Prep V	For excellent improvements in his bouncing skills this week. Keep up the great work Liam!	Mrs Harding	Victoria M 4A	Well done Victoria for staying focused and on task during AUSLAN.
PE Ms Woods	Cooper F 1M	For his amazing effort joining in all PE activities this week.	Mrs Kamini	Haiden T 5C	For putting a fantastic effort into his work.
ICT Mr Ross	Jordan K 4P	For his outstanding Minecraft Hour of Code.	Ms Charalambous	Miro M 6S	For great participation in class.
ICT Mrs Wahid	Oliver R 1T	For his great picture of a city created using Google Drawing.	Ms Naismith	Jazmine B 2L	For always using beautiful manners.
Visual Arts Ms Lloyd	Alex L 6B	For painting a fantastic portrait of an Olympic swimmer.	Ms Hudson	Priscilla B 1L	For doing a fantastic job on her free writing. Well Done!
Visual Arts Ms Medwin	Sehath A 5Z	For his outstanding work on his skateboard design.	Mrs Rento	Charlotte H 1S	For being a kind friend to others.
Science Ms Singleton	Hiruni J 2A	For creative and cooperative building with Dizzyland gears.	Mrs Little	Jae-Leah I Prep T	For trying her hardest at her punctuation.
Science Ms Medwin	Eina C 6E	For working brilliantly this week during planning week.	Ms Hill	Riley A 2B	For an excellent reading session.
ESL	Hannah A 2C	For the outstanding effort she has made during our writing sessions. Great Job Hannah!!	Ms Burgess	Chloe O'D 4W	For an outstanding narrative!
Auslan	Sindhu M 6C	For enthusiastic participation in her AUSLAN session.	Mrs Harris	William S 4M	For showing good resilience.
Literacy Support Mrs Dunmall	Cruz A 1A	For fantastic improvement in his attitude to reading and the great progress he is making.	Ms Silva	Ashleigh W Prep B	For being a lovely friend.
Literacy Support Mrs Healy	Elise Q Prep G	For her amazing letter/sound recognition and now being able to say the sounds she hears in words. Well Done!	Ms Beck	Japnaam G Prep V	For working really well in AUSLAN.
<p style="text-align: center;"><u>DOLLARMITE BANKING</u></p>  <p style="text-align: center;">Student banking is collected and banked every Friday. The last banking day for this term will be Friday 9th of September and resume on Friday 14th of October.</p>			Ms Ablitt	Goi G 2X	For having a great sense of humour.
			Ms Whitehead	Thanyang P 2B	For a great effort getting up and performing a wonderful dance routine with your team mates.
			Ms Roberts	Antonio P Prep W	For showing good sportsmanship during DL.
			Mrs Bhasin	Kashmala S 5M	For always having a positive attitude.
			Miss Karunathilake	Moza K 1K	For writing a thoughtful letter during free writing.
			Ms Heald	Harrison S 1A	For a great job sharing the ball outside with Cooper. Awesome team work!